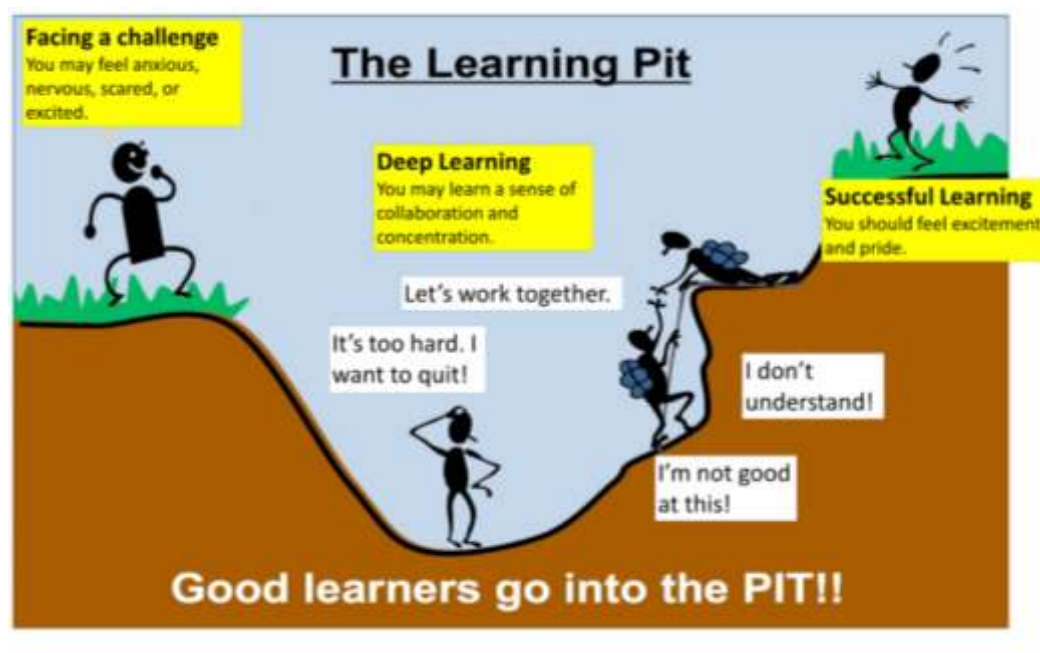


Jumping into The Learning Pit: Why it is actually good for children to struggle.

A natural instinct when seeing someone struggle is to help them. Empathy is an important quality for all children to develop and is closely aligned with the “We are Caring” core value at our school. It is important to distinguish the difference between ‘*helping by doing*’ and ‘*helping by showing children the skills, tools and methods to solve the problem themselves*’.

Throughout our Bounce Back program this semester, students will be exposed to “The Learning Pit” as a tool to help them develop a growth mindset to embrace challenges in their learning journey and to understand that learning is hard work. A study by Harvard University shows we learn a lot about ourselves when learning doesn’t come easily. Resilience can be learned and is a necessary skill to get through those tough moments in life.

The Learning Pit analogy is important in that it gives students control over their own learning. The goal of the Learning Pit for students (as well as parents and teachers) is to understand that learning is supposed to be a challenge. Students are able to recognise when learning is hard or when they are in the pit.



This Learning Pit picture

helps students understand that learning is a challenge and we require a range of tools, strategies and resources to be a successful learner (and escape the learning pit).

Thank you for your ongoing support.