

## Why is Berry PS having another KidsMatter Celebration Day?

A sense of belonging to school is an important protective factor for children's mental health and wellbeing. It helps to reduce the impacts of risks that children may be exposed to. School staff can help children gain a sense of belonging to school by taking an interest in their wellbeing, and by relating to them in ways that are consistently respectful and caring. This can provide children with a sense of stability and security through periods of stress and challenge. School staff can also help families who are experiencing difficulties by providing them with support and relevant information.

Every day is an opportunity for the above to occur; however the School Culture Team have recognised that dedicating an entire day for the whole school to come together in 'multi-aged' family groups is a worthwhile way to connect with others, make new friends, face new challenges, demonstrate our understanding of the school's core values, work as part of a team and above all, have some fun!











Although our "The Berry Way" core values (shown above) have been embedded into all areas of our school for over a year now, these values will again be the focus of our rotational activities on the day.

The aim of the Celebration Day is to further enhance social and emotional skill development in our students. The day promotes a stable and nurturing environment, shows students how to manage conflict and emotions so they can better relate to their peers and have a sense of reassurance that our school is a safe and happy place to be.

Our students will be asked for their feedback about the day and we are seeking the support of parents by simply having a conversation with their children about 'The Berry Way' core values and how they used them throughout the day.

Thank you for your ongoing support.